

Strongholds Defined

Strongholds are programmed, routine instructions of trusted information that drive emotions, thinking and decisions at the subliminal level. These stronghold programs are both useful and destructive. Positive strongholds assist us with menial tasks like washing our hands or driving a car. Negative strongholds override good intentions and logic. They override knowledge of the "right" thing to do and push us to repeat destructive thoughts and eventually behavior. Negative strongholds are built around a lie or sin. Strongholds can speak before we think, cause us to take action without consulting new information of what we desire to think or believe.

Strongholds are usually passed from generation to generation through families by the curses that they allow to pass into the next generation. They were usually developed under demonic supervision by the modeling of parents and peers and may provide a "nest" for demon/s to reside. They can exist long after deliverance and removal of the demon/s because they are programmed, trusted instructions.

The strength of the Word of God is that it gives us authority over both Demons and Strongholds. 2 Cor 10: 4-6. Jesus acts not only as deliverer, but our escort to remove the lie that the stronghold is anchored on.

Further discussion can be seen on our page titled "man, as a computer"